

March 2024



ST JOSEPH SCHOOL LUNCH MENU

What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price.

Minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch

Meat or meat alternate
Choice of Vegetable
Choice of Fruit
Grain/Bread

Choice of Milk - 1% white, and fat-free chocolate

Weekly Vegetable Subgroups May Include:

Dark green - spinach, broccoli, romaine and spring salad

Red/Orange - carrots, sweet potatoes, tomatoes, red peppers

Beans/Peas

Starchy - white potatoes, corn, and lima beans

Other Vegetables: celery sticks, cucumbers, cauliflower, green peppers, green beans and cabbage

Featured Fruit May Include:

oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices and mandarin oranges

**LEAVE YOUR LUNCHBOX AT HOME!
DAILY ALTERNATES.**

Fresh Entree Salad Every Week During Lent we will have Tuna Fish Sandwich instead of Lunch Meat

Nutritious Friends

Look for our Nutritious Friend of the Month Served on the menu. This month is Coco Coconut!!



Lunch Prices

Student \$3.50
Reduced \$.40
Adult \$4.50

General Manager

Nathan Campbell 717-761-1116

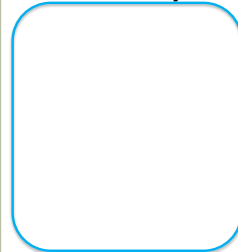
Kitchen Manager

Mike Heimbuch 717-766-2564

Email

ma1082@metzcorp.com

Monday



4

Pasta and Meatballs
W/ Garlic Knot
or
Grilled Chicken Sandwich

Featured Veggies:
Peas
Green Pepper Strips
Featured Fruit
Choice of Milk

11

Hot Dog
on a WG Roll
or
Pancakes with
Sausage Patty

Featured Veggies:
Sweet Potato Fries
Green Pepper Strips
Featured Fruit
Choice of Milk

18

Cheesesteak
on a WG Roll
or
Toasted Cheese

Featured Veggies:
Tomato Soup
Fresh Sliced Cucumbers
Featured Fruit
Choice of Milk

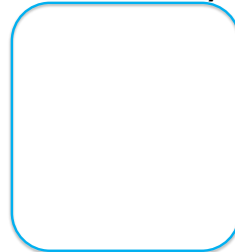
25

Corn Dog

or
Mac N Cheese

Featured Veggies:
Stewed Tomato
Green Pepper Strips
Featured Fruit
Choice of Milk

Taco Tuesday



5

Walking Taco
w/ Roll
or
Corn Dog

Featured Veggies:
Baked Beans
Caesar Salad
Featured Fruit
Choice of Milk

12

Nacho Grande With
WG Pretzel Stick
or
Chicken Nuggets

Featured Veggies:
Baked Beans
Cherry Tomatoes
Featured Fruit
Choice of Milk

19

Walking Taco with
WG Pretzel Stick
or
Hot Dog

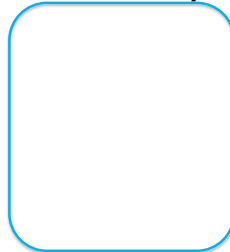
Featured Veggies:
Steamed Corn
Lettuce & Tomato
Featured Fruit
Choice of Milk

26

Nacho Grande
With a whole Grain Roll
or
Popcorn Chicken

Featured Veggies:
Baked Beans
Cherry Tomatoes
Featured Fruit
Choice of Milk

Wednesday



6

Ham & Cheese Melt
On a Pretzel Roll
or
Popcorn Chicken Mashed
Potato Bowl

Featured Veggies:
Mashed Potato
Steamed Corn
Featured Fruit
Choice of Milk

13

Cheeseburger
or
Pierogies

Featured Veggies:
Steamed Broccoli
Carrot Sticks
Featured Fruit
Choice of Milk

20

Ham & Cheese Melt
On a Pretzel Roll
or
Popcorn Chicken
General Tso

Featured Veggies:
Steamed Broccoli
Fresh Carrots
Featured Fruit
Choice of Milk

27

Half Day

Thursday



7

Meatball Sandwich
or
Chicken Patty Sandwich

Featured Veggies:
Potato Wedges
Corn Salad
Featured Fruit
Choice of Milk

14

Corn Dog
or
Mac N Cheese

Featured Veggies:
Stewed Tomatoes
Fresh Broccoli
Featured Fruit
Choice of Milk

21

Chicken Patty
Sandwich
or
Pork BBQ
On a Aloha Roll

Featured Veggies:
Sweet Potato
Pepper Strips
Featured Fruit
Choice of Milk

28

No School

Pizza Friday!

1

Cheese Pizza

or
Fish Sticks
Featured Veggies:
Fresh Sliced Cucumbers
Potato Wedges
Featured Fruit
Choice of Milk

8

Cheesy Pizza Sticks
with dipping sauce
or
Toasted Cheese

Featured Veggies:
Tomato Soup
Chick Pea Salad
Featured Fruit
Choice of Milk

15

Pizza Bagel
or
Fish Sticks

Featured Veggies:
Steamed Corn
Cheesy Carrot Casserole
Featured Fruit
Choice of Milk

22

Cheesy Pizza Sticks
with dipping sauce
or
Cheese Quesdilla

Featured Veggies:
Green Beans
Chick Pea Salad
Featured Fruit
Choice of Milk

29

Good Friday
No School